

Physical Therapy Residency Programs in Orthopedics & Neurology

Casa Colina is a unique rehabilitation hospital that provides state-of-the-art technologies, breakthrough rehabilitation techniques, and an unsurpassed continuum of care. It is an ideal environment for clinicians to advance patient care and learn from fellow therapists with specialized training and experience. Casa Colina understands how important it is to nurture the skills of future rehabilitative care providers. We believe that we have a duty to create an educational environment that fosters learning and promotes scholarship.

The mission of Casa Colina's Neurologic and Orthopedic Physical Therapy Residency Programs is to provide advanced mentorship and education of neurologic and orthopedic physical therapists that will result in enhanced patient outcomes, as well as in the advancement of the profession through contribution to the scientific literature. Each program is designed to accelerate a therapist's professional development while allowing them to achieve clinical excellence in all aspects of patient care. Upon completion of the program, the clinician will have had the training to apply for the certified specialty examination offered by the American Physical Therapy Association (APTA). Programs in orthopedics and neurology are credentialed by the APTA.

Physical Therapy Residency Programs at Casa Colina offer:

- ◆ Mentored 1:1 clinical practice
- ◆ Structured learning opportunities
- ◆ Didactic coursework
- ◆ Participation in physician specialty clinics
- ◆ Preparation and training for APTA specialty certifications
- ◆ Paid compensation for all hours of clinical practice as well as time being mentored

How to Apply:

Applications are available through the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) at www.abptrfe.org. **Orthopedics residency applications are due August 1.** **Neurology residency applications are due February 1.**

Applicants must meet the following minimum requirements:

- ◆ Maintain a valid California Physical Therapy License
- ◆ Maintain a current CPR/AED certification
- ◆ Completed at least 6 months of clinical practice in an orthopedic or neurologic setting in the last year or one clinical affiliation as a student in orthopedics or neurology (if a recent graduate). If the applicant is newly graduated, a letter of recommendation from a clinical instructor is requested.
- ◆ Comply with all Casa Colina employment requirements.

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Orthopedics Residency Program

Casa Colina started its Orthopedics Residency Program in January 2008. This 52-week, APTA-credentialed program enrolls 1 to 2 residents every January. The application and selection process includes an observation of the applicant performing an initial evaluation and treatment on a patient.

Curriculum:

- ◆ 1,800 hours of clinical practice (32 hours per week)
- ◆ 150 hours of one-to-one mentoring (3-4 hours per week)
- ◆ 500 hours of resident-directed learning activities including:
 - ◆ 112 hours of didactic/lab instruction (LearningMovements.com) & 201 hours independent study encompassing: Clinical reasoning; Clinical research; Upper/lower-quadrant physical examination & manual treatment procedures; Rehabilitation of common musculoskeletal disorders; Interviewing/communication skills

Program Director:

Andrea Haston, PT, DPT, OCS, AT-Retired – ahaston@casacolina.org

Applications are due Aug. 1. Tuition is \$3,000.

Neurology Residency Program

Casa Colina started its Neurology Residency Program in July 2009. This 52-week, APTA-credentialed program enrolls 1 to 3 residents every July. (Didactic education begins in June.) The application and selection process includes an observation of the applicant performing an initial evaluation and treatment on a patient.

Curriculum:

- ◆ 1,500 hours of clinical practice (32 hours per week)
- ◆ 150 hours of one-to-one mentoring (3 hours per week)
 - ◆ 16-week rotation in inpatient rehabilitation
 - ◆ 16-week rotation in Transitional Living Center
 - ◆ 16-week rotation in outpatient neurology
- ◆ 300 hours of resident-directed learning activities, which includes didactic/lab education through the Neurologic Physical Therapy Professional Education Consortium (www.neuroconsortium.org)

Program Director:

Rachel Tran, PT, DPT – rtran@casacolina.org

Program Coordinator:

Cathelyn Timple, PT, DPT, EdD, NCS, ATP – ctimple@casacolina.org

Applications are due Feb. 1. Tuition is \$2,360 (cost of Neuroconsortium).

For more information, visit casacolina.org/PTResidency.



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